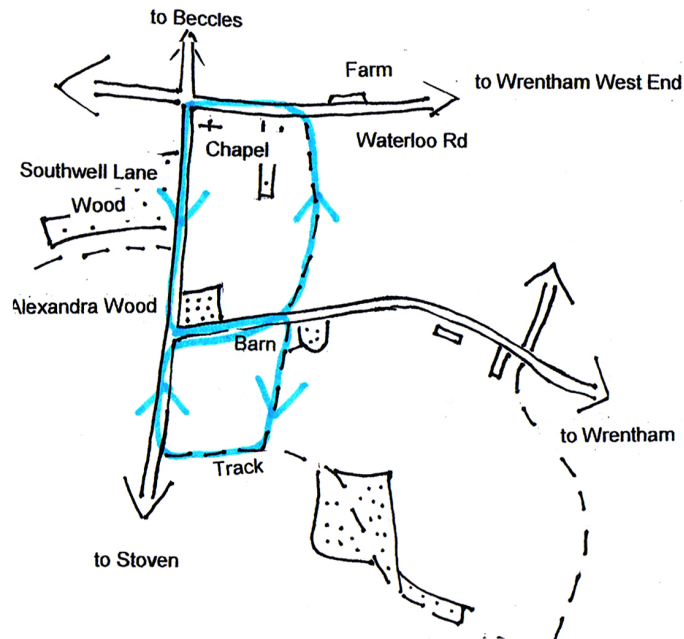


Walk Number 4

A figure of 8

Distance 3 miles

Time 60 minutes



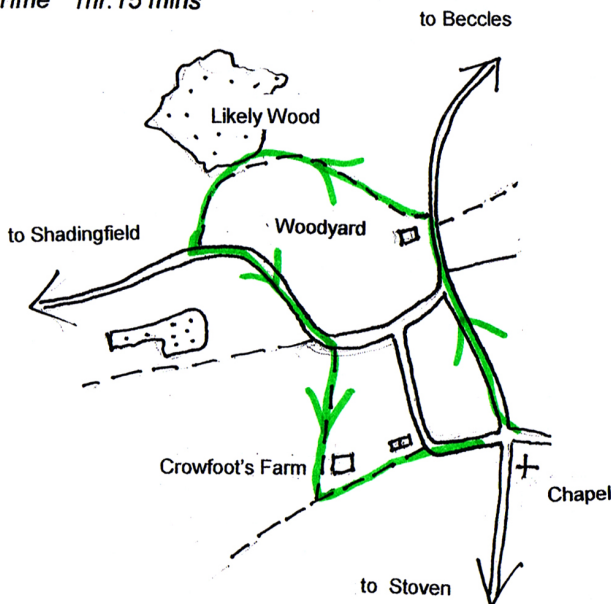
This walk is a longer variant of walk 3. Turn left out of the chapel. At the crossroads turn left in the direction of Stoven. Walk about half a mile along this road, past Southwell Lane Wood on your right. At Alexandra Wood turn left in the direction of Wrentham. Just after the converted barn take the signed footpath on the right which goes alongside the barn in a small wood. The path then goes around the garden fence and turns left. The footpath always stays on the left hand side of the hedge. (The horse riding path is on right). You will meet a farm track. Don't turn left to Frostenden, the A12 and on. Instead turn right along the track. This leads back to the Stoven/Sotterley road. Turn right. Turn right once more at the next road to just past the converted barn again. But this time turn left along the signed footpath. Stay straight on this footpath until you get to Waterloo Road. Turn left back to the chapel.

Walk Number 5

Fields, Woods and Ponds

Distance 3.5 miles

Time 1hr.15 mins



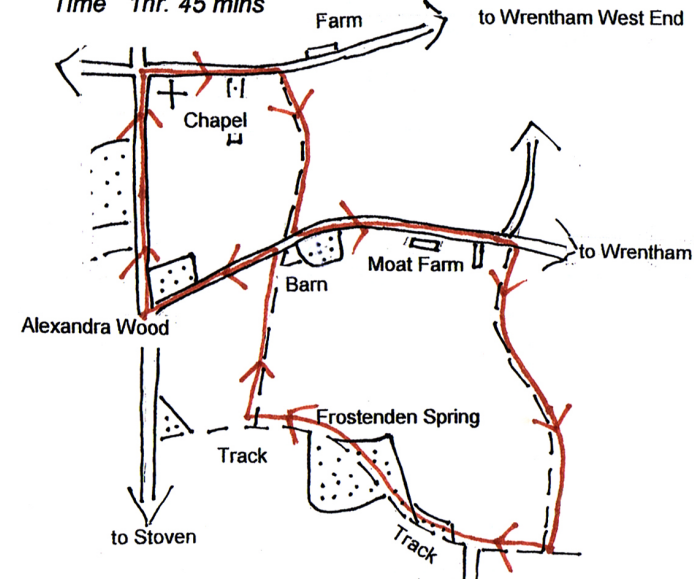
This walk is a longer variant of walk 2. Turn left out of the chapel. At the crossroads turn right in the direction of Beccles. Follow the road for about half a mile. On the right you pass the main drive to Sotterley Hall and West Lodge. On the left you pass the Sotterley woodyard and the Sotterley Pavilion (The field which contains building materials and tree trunks used to be a sports field). Take the signed footpath on the left which runs along the left hand side of the next field. The path then bends left going from one field to another past pleasing ponds. The footpath runs inside the southern boundary of Likely Wood. Keep straight on until you reach the Sotterley/Shadingfield Road. Turn left and stay on the road until you reach Sotterley village. There is a footpath on the bend on the right but ignore this and take another footpath also on the right opposite the almshouses and just before the cottages on the right. Follow this alongside fields until it meets the farm track at Crowfoot Farm. Turn left and stay on this track until you reach the thatched Brook Cottages. Turn right up the hill to the chapel crossroads.

Walk Number 6

Road, Tracks and Woods

Distance 5 miles

Time 1hr. 45 mins



Turn right out of the chapel. After New Town Cottages on your right but before Waterloo Farm on your left, take the signed footpath on the right. Stay on this straight footpath until it meets the road near a converted barn. Turn left along the road. Follow this road past Moat Farm and then 2 cottages. Here, at the road junction there is a signed footpath on the right. Take it through the yard. It turns left and then right through and along two fields. The footpath continues between 2 hedges until it stops at a farm track. Turn right. On your left is a long straight road. Ignore this and continue along the farm track alongside a wood on your right, (known as the Jungle) into the woods. The wood on the right is known as Frostenden Spring. Keep going through the wood. On the other side after one field take the signed footpath on the right. This will take you back to the converted barn. You could retrace your steps across the fields opposite. But turn left on the road at the converted barn. At the T junction turn right up the road first alongside Alexandra Wood on the right, then Southwell Lane Wood on the left to the War Memorial and the Chapel