

Join our weekly online*
Cuppa & Chat sessions
 and enjoy a cuppa in the
 comfort of your own home
 whilst connecting with
 others living in East Suffolk

*If you need support with how to get
 online, call us on 01449 707030

Zoom Number:

895 476 2738

Monday 10am - 11am
 Wednesday - 7pm - 8pm
 Friday - 12noon - 1.00pm



Cuppa & Chat
 East Suffolk

Phone - 01449 707030
www.communitiestogethereastanglia.org
 Registered Charity - 1004198

**For those living in
 East Suffolk wanting to
 connect with others**

