

# We're here to help

Whatever the problem, we're here for  
free, impartial and confidential advice



**Call us on 0808 278 7866**

Lines are open 10am to 2 pm Monday to Friday

or email us from our website [caes.org.uk](https://caes.org.uk)

**citizens  
advice**

**East  
Suffolk**

Our offices are in :  
Beccles • Felixstowe • Leiston • Lowestoft  
plus outreach centres across the region